

## Fall Aquatic Schedule 2022

### **Aquatic Schedule:**

- Lap swim Monday – Friday, 6:00am - 12:00pm
- Lap swim Monday – Friday, 12:30pm - 4:15pm (Mon. – Thur. No Family Swim)

\*\*\*High School Swim Team – Mon. – Fri., 4:15pm – 6:15pm – no lanes available\*\*\*

\*\*\*Stingrays Swim Team – Mon. – Fri., 6:15pm – 8:00pm – 2 lanes available\*\*\*

\*Fridays Only\* - Kids Club 4:00pm – 5:00pm/ No Family Swim

- Lap Swim Saturday & Sunday, 10:00am – 12:00pm
- Family Swim Saturday & Sunday, 1:00pm-5:00pm
- **Closed 10/8, Sat. and 10/9, Sun. for Swim Meet – Whole Facility is Closed**

### **Aquatic Program Schedule:**

- Water Fitness

-Shallow Water Mon. – Fri., 7:45am - 8:45am

-Shallow Water Mon., Wed., Fri., 8:45am - 9:45am

-Deep Water Tues. & Thur., 9:00am-10:00am

- Swim Lessons (Child & Adult)

Session 1- Registration 9/6 @ 12:00pm

Session Dates: 9/12 - 10/13

Session 2- Registration 10/18 @ 12:00 pm **UPDATE**

Session Dates: 10/24 - 12/08

Adult Swim lessons – Registration Open

Fall session 1 – Sept. 6th – Oct. 29th / 6-week session

Fall session 2 – Nov. 5th – Dec. 10th / 6-week session

- Tot Swim (Ages 5 & U)

Monday – Friday, 9:00am – 12:00pm

Saturday & Sunday, 10:00am – 12:00pm