



Jackson Hole Fire/EMS Operations Manual

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Title: **Treatment Protocol:
Burns - Thermal**
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BURNS - THERMAL (Treatment Protocol)

ALL PROVIDERS

- Evacuate to a safe location before initiating any treatment – ensure rescuer safety
- Stop burning processes
- Secure the airway. If facial burns or signs of inhalation burns monitor the airway frequently and consider air evacuation if prolonged transport.
- Remove clothing and observe for adequacy of breathing (circumferential chest burns may inhibit adequate ventilation)
- Administer oxygen as needed to keep oxygen saturation $\geq 94\%$
- Monitor patient CO level if equipment is available
- Spinal precautions as indicated
- Remove all burnt non-adherent clothing and jewelry
- Place clean dressing or burn sheet over extensively burned areas. Maintain normal body temp.
- Small surface area burns $< 5\%$, may use cool/moist dressings.
- Trauma team activation as indicated

ADULT

EMT-INTERMEDIATE PROVIDER

- Establish an IV NS (at non burned site if possible). TKO unless signs of shock then administer a fluid challenge of 500 ml as needed.
- Consider carbon monoxide toxicity.
- Consider obtaining an ETCO₂ waveform and numerical value. Treat accordingly
- Consider **Fentanyl** (voice order)

EMT-PARAMEDIC PROVIDER

- Consider **Fentanyl, Hydromorphone, or Ketamine**
- If signs of inhalation burn present, consider nasal intubation.

PEDIATRIC (<45 kg)

EMT-INTERMEDIATE PROVIDER

- Establish an IV NS (at non burned site if possible). TKO unless signs of shock then administer a fluid challenge of 20 mL/kg as needed.
- Consider carbon monoxide toxicity.
- Consider obtaining an ETCO₂ waveform and numerical value. Treat accordingly
- Consider **Fentanyl** (voice order)

EMT-PARAMEDIC PROVIDER

- Consider **Fentanyl, Hydromorphone, or Ketamine**
- If signs of inhalation burn present, consider nasal intubation.